

MASTER YOO'S WORLD CHAMPION TAE KWON DO

921 NE ORENCO STATION LOOP, HILLSBORO, OR 97124

(503)352-5597



Application for Promotion to BLACK STRIPE BELT

Please fill in all blanks If you have questions please ask an Instructor for assistance.

Name: _____ Birth Date: _____

Present Rank: _____ Belt Size: _____ Date of Test: _____

What is the name of your form? _____

What is Master Yoo's full name? _____

Essay Question

Answer must be a minimum of 200 words, handwritten.
Use the reverse of this paper or another sheet.

- 1.) How has Tae Kwon Do helped you in your daily life?

Black Stripe Philosophy: Cooperation (WRITE ON YOUR BOARD)

- I enjoy being part of a team.
- I listen to other people's ideas.
- I am willing to admit my mistakes.
- I share with my siblings.
- I apologize if I hurt someone's feelings.
- I am careful whenever I work with a partner.
- I am quiet whenever the teacher is speaking.
- I line up quickly at the beginning of Tae Kwon Do class.
- I wait quietly, in the lobby, while another class is practicing.

Write on the back of your board: **ONE BAD HABIT**

SCHOOL USE ONLY

POOMSE	A	B	C	D
KICKING	A	B	C	D
SELF DEFENSE	A	B	C	D
ONE STEP SPARRING	A	B	C	D
FREE SPARRING	A	B	C	D
BREAKING TECHNIQUE	A	B	C	D