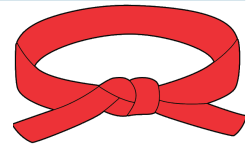


MASTER YOO'S WORLD CHAMPION TAE KWON DO

921 NE ORENCO STATION LOOP, HILLSBORO, OR 97124

(503)352-5597



Application for Promotion to RED BELT

Please fill in all blanks If you have questions please ask an Instructor for assistance.

Name: _____

Birth Date: _____

Present Rank: _____

Belt Size: _____

Date of Test: _____

What is the name of your form? _____

Essay Questions

Each answer should be at least two paragraphs, handwritten. Use the reverse of this paper or another sheet.

- 1) Explain how you have disciplined yourself physically and mentally thus far.
(Answer must be a minimum of 100 words)

- 2.) Explain how Tae Kwon Do can contribute in further developing our society.

Red Belt Philosophy: Leadership (WRITE ON YOUR BOARD)

I praise and complement others for doing a good job.

I volunteer to help clean up the park near my house.

I try to include everyone when I am in charge.

I am a good role model to others.

I am willing to help others.

I try to see opportunity instead of obstacles.

Write on the back of your board: **ONE BAD HABIT**

SCHOOL USE ONLY

| | | | | |
|---------------------------|----------|----------|----------|----------|
| POOMSE | A | B | C | D |
| KICKING | A | B | C | D |
| SELF DEFENSE | A | B | C | D |
| ONE STEP SPARRING | A | B | C | D |
| FREE SPARRING | A | B | C | D |
| BREAKING TECHNIQUE | A | B | C | D |