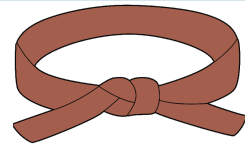


MASTER YOO'S WORLD CHAMPION TAE KWON DO

921 NE ORENCO STATION LOOP, HILLSBORO, OR 97124

(503)352-5597



Application for Promotion to **BROWN BELT**

Please fill in all blanks If you have questions please ask an Instructor for assistance.

Name: _____

Birth Date: _____

Present Rank: _____

Belt Size: _____

Date of Test: _____

What is the name of your form? _____

Essay Questions

Each answer should be at least two paragraphs, handwritten. Use the reverse of this paper or another sheet.

1.) How has Tae Kwon Do helped you mentally?

2.) Explain how Tae Kwon Do helps the mind, body, and spirit.

Brown Belt Philosophy: Perseverance (WRITE ON YOUR BOARD)

I always finish what I start.

I am patient and understand that everything improves with practice.

I stay positive even if things don't go exactly right the first time.

Although I was tired I went to Tae Kwon Do and I had a great class.

Because I always work on my stretching I have become much more flexible.

Write on the back of your board: ONE BAD HABIT

SCHOOL USE ONLY

POOMSE	A	B	C	D
KICKING	A	B	C	D
SELF DEFENSE	A	B	C	D
ONE STEP SPARRING	A	B	C	D
FREE SPARRING	A	B	C	D
BREAKING TECHNIQUE	A	B	C	D