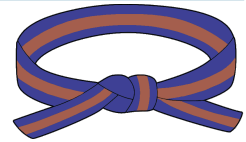


# MASTER YOO'S WORLD CHAMPION TAE KWON DO

921 NE ORENCO STATION LOOP, HILLSBORO, OR 97124

(503)352-5597



## Application for Promotion to **BROWN STRIPE BELT**

**Please fill in all blanks** If you have questions please ask an Instructor for assistance.

Name: \_\_\_\_\_

Birth Date: \_\_\_\_\_

Present Rank: \_\_\_\_\_

Belt Size: \_\_\_\_\_

Date of Test: \_\_\_\_\_

What is the name of your form? \_\_\_\_\_

### Essay Questions

Each answer should be at least two paragraphs, handwritten. Use the reverse of this paper or another sheet.

1. How do explain Tae Kwon Do to others?
2. Are you proud to be a student of Tae Kwon Do? If so, Why?

### Brown Stripe Philosophy: Discipline (WRITE ON YOUR BOARD)

I walk away to cool off when someone makes me angry.  
I am gracious to my opponent whether I win or lose.  
I wait for the teacher to finish talking before asking for help.  
I do not lose my temper when I don't catch on to something right away.  
I practice my forms with my best effort, even when no one is watching.  
I don't blame others if I make a mistake.  
I stop and think before I act.  
I limit how much junk food I eat.  
I try not to yell when I get upset.

**Write on the back of your board: ONE BAD HABIT**

### SCHOOL USE ONLY

<b>POOMSE</b>	<b>A</b>	<b>B</b>	<b>C</b>	<b>D</b>
<b>KICKING</b>	<b>A</b>	<b>B</b>	<b>C</b>	<b>D</b>
<b>SELF DEFENSE</b>	<b>A</b>	<b>B</b>	<b>C</b>	<b>D</b>
<b>ONE STEP SPARRING</b>	<b>A</b>	<b>B</b>	<b>C</b>	<b>D</b>
<b>FREE SPARRING</b>	<b>A</b>	<b>B</b>	<b>C</b>	<b>D</b>
<b>BREAKING TECHNIQUE</b>	<b>A</b>	<b>B</b>	<b>C</b>	<b>D</b>