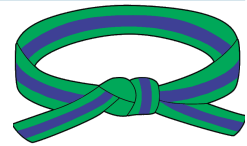


MASTER YOO'S WORLD CHAMPION TAE KWON DO

921 NE ORENCO STATION LOOP, HILLSBORO, OR 97124

(503)352-5597



Application for Promotion to BLUE STRIPE BELT

Please fill in all blanks If you have questions please ask an Instructor for assistance.

Name: _____

Birth Date: _____

Present Rank: _____

Belt Size: _____

Date of Test: _____

What is the name of your form? _____

Essay Questions

Each answer at least two paragraphs, handwritten. Use the back of this paper or another sheet.

1. What is your long term goal in Tae Kwon Do and how will you achieve it?
2. How have you benefited from Tae Kwon Do thus far, other than physically?
3. Match the English words on the left with the correct Korean word on the right.

- | | |
|-------------|----------|
| A.) Sixth | ___ Sib |
| B.) Seventh | ___ Pul |
| C.) Eighth | ___ Koo |
| D.) Ninth | ___ Yuk |
| E.) Tenth | ___ Chil |

Blue Stripe Philosophy: Goal Setting (WRITE ON YOUR BOARD)

I dream big dreams.

I use my time wisely.

I have a goal to become a black belt.

I break big projects into smaller parts.

I have a plan to read two books a month.

I write down goals that are important to me.

I take my homework seriously so that I will be better prepared.

I share my goals with my Instructors so that they may help me achieve them.

I attend Tae Kwon Do regularly and work hard to be ready for my next belt test.

Write on the back of your board: **ONE BAD HABIT**

SCHOOL USE ONLY

POOMSE	A	B	C	D
KICKING	A	B	C	D
SELF DEFENSE	A	B	C	D
ONE STEP SPARRING	A	B	C	D
FREE SPARRING	A	B	C	D
BREAKING TECHNIQUE	A	B	C	D