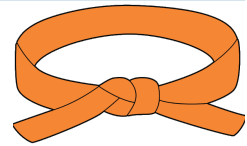


# MASTER YOO'S WORLD CHAMPION TAE KWON DO

921 NE ORENCO STATION LOOP, HILLSBORO, OR 97124

(503)352-5597



## Application for Promotion to ORANGE BELT

Please fill in all blanks If you have questions please ask an Instructor for assistance.

Name: \_\_\_\_\_ Birth Date: \_\_\_\_\_

Present Rank: \_\_\_\_\_ Belt Size: \_\_\_\_\_ Date of Test: \_\_\_\_\_

What is the name of your form? \_\_\_\_\_

1. Name three types of Tae Kwon Do stances.

1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_

2. Name five reasons why children should respect their parents.

1. \_\_\_\_\_  
2. \_\_\_\_\_  
3. \_\_\_\_\_  
4. \_\_\_\_\_  
5. \_\_\_\_\_

3. What is the first thing the captain says when class begins?

A. Char-yeot Kook-ki Ay Dae Han Kyung-ye      B. Gam-sa-ham-ni-da  
C. Ann-yeong-ha-shim-ni-kka                      D. How are you

4. Match the number on the left with the correct Korean number on the right.

A. One	_____	Set
B. Two	_____	Yeo-deol
C. Three	_____	Yeo-seot
D. Four	_____	Il-gop
E. Five	_____	Ha-na
F. Six	_____	Dul
G. Seven	_____	Net
H. Eight	_____	Da-seot

### Orange Belt Philosophy: Confidence (WRITE ON YOUR BOARD)

I resist peer pressure.

I talk positively about myself.

I speak up when I have an idea.

I introduce myself to other kids wherever I go.

I am proud of my hard work and expect to be successful.

Because I have been working hard I believe I will pass my next belt test.

Write on the back of your board: **ONE BAD HABIT**

### SCHOOL USE ONLY

<b>POOMSE</b>	<b>A</b>	<b>B</b>	<b>C</b>	<b>D</b>
<b>KICKING</b>	<b>A</b>	<b>B</b>	<b>C</b>	<b>D</b>
<b>SELF DEFENSE</b>	<b>A</b>	<b>B</b>	<b>C</b>	<b>D</b>
<b>ONE STEP SPARRING</b>	<b>A</b>	<b>B</b>	<b>C</b>	<b>D</b>
<b>FREE SPARRING</b>	<b>A</b>	<b>B</b>	<b>C</b>	<b>D</b>
<b>BREAKING TECHNIQUE</b>	<b>A</b>	<b>B</b>	<b>C</b>	<b>D</b>